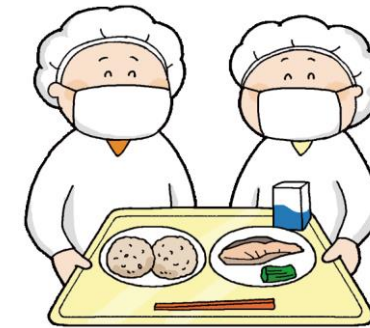


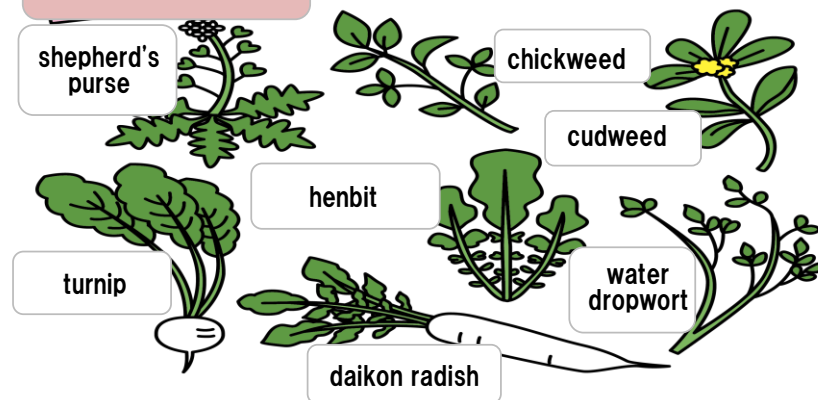


Lunch Menu January



January 24th to
30th is National
School Lunch Week.

The seven herbs of
spring



<div>the seven herbs of spring</div> <div><div>shepherd's purse</div><div>chickweed</div><div>cudweed</div><div>henbit</div><div>turnip</div><div>water dropwort</div><div>daikon radish</div></div>		14(Wed.) <div><div>Taiyaki-fish shaped waffle red bean paste</div><div><div>Chikuzen stew</div><div>Salt-grilled Atka mackerel</div></div><div><div>Barley rice</div><div>Japanese radish miso soup</div></div></div>		15(Thu.) <div><div>Yakult with fresh cream</div><div>Green salad</div><div>Kinako fried bread (E)</div><div><div>Children's bread (J)</div><div>Spanish omelet</div></div><div>ABC soup</div></div>		16(Fri.) <div><div>Mandarin orange</div><div>Cabbage garlic saute</div><div>Barley rice</div><div>Pork curry</div></div>			
19(Mon.) <div><div>Sweet potato chips</div><div><div>Boiled Sukiyaki</div><div>Mixed thick omelet</div></div><div>Yogurt Drink</div><div><div>Barley rice</div><div>Squid and fish cake japan base stock soup</div></div></div>		20(Tue.)Yoshida junior high school Request <div><div>Rice tart</div><div>Spaghetti salad</div><div><div>Children's bread (E)</div><div>Meatballs</div><div>Kinako fried bread (J)</div><div>E:two pieces</div><div>J:three pieces</div></div><div>Corn pottage</div></div>		21 (Wed.)Magowayasashii <div><div>Fried chicken</div><div>Grilled Salmon with sesame</div><div><div>Barley rice</div><div>Miso soup with sweet potato</div></div></div>		22(Thu.) <div><div>Fried gyoza</div><div>E: two pieces</div><div>J: three pieces</div><div><div>Starchy sauce rice bowl</div><div>Vermiceli soup</div></div></div>		23(Fri.) <div><div>Mix the ingredients and noodles to make Neapolitan spaghetti !</div><div>Yogurt with fruit</div><div><div>Mixed Neapolitan</div><div>Chicken and vegetables soup</div></div></div>	
National School Lunch Week									
26(Mon.)Miss Miyashita marika's Menu <div><div>Nikujaga</div><div>Grilled Salmon</div><div><div>Seaweed Rice</div><div>Nameko mushroom soup</div></div></div>		27(Tue.)Mr Gonsho kanta's Menu <div><div>Senoby jelly</div><div>Coleslaw salad</div><div><div>Soboro bread</div><div>Baked chicken mashed potatoes</div></div><div>Julienne soup</div></div>		28(Wed.)Taste tour (Yamanashi Prefecture) <div><div>Dried strips of raddish Salad</div><div>Simmered Mackerel with Miso</div><div><div>Shingen chicken mixed rice</div><div>Miso soup with Pork and vegetables</div></div></div>		29(Thu.)Mr Koide kazuya's Menu <div><div>Ratatouille</div><div><div>Sesame bread</div><div>Hamburg Steak</div></div><div>Consomme soup</div></div>		30(Fri.)Mr Watanabe hironari's Menu <div><div>Sauted Corn and spinach</div><div>Grilled basil chicken</div><div><div>Plain rice</div><div>Kenchin soup</div></div></div>	