



Lunch Menu April

Congratulations on entering school!



8 (Mon.) Magowayasashii Boiled Sukiyaki Curry grilled horse mackerel Barley rice Sesami soup	9 (Tue.) Tofu nuggets E: two pieces J: three pieces Breadstick Tuna salad Pork stroganoff	10 (Wed.) Deep-fried fish cake and Vegetable saute Shrimp cutlet Plain rice Kenchin soup	11 (Thu.) Tandori chicken Soboro bread Cauliflower salad Milk stew	12 (Fri.) First grader celebration Menu Jelly Nikujaga Red sea bream with salted rice malt Rice with red beans Japan base stock soup Sesame and salt
15 (Mon.) Let's serve well! Chunky Yogurt with fruits Staminadon Chinese soup with vermiceli	16 (Tue.) Fried skipjack tuna Cream sandwich bread (J) Coppe bread (E) Vegetable saute Minestrone Honey and margarine	17 (Wed.) Spring cabbage salad Koya-tofu topped with egg Dressed rice with salmon and green soybeans Root vegetables miso soup	18 (Thu.) Baked chicken mashed potatoes Cream sandwich bread (E) Coppe bread (J) Spaghetti salad Rape blossom corn soup Honey and margarine	19 (Fri.) Tasute tour (Fukushima Prefecture) Mini Jelly Stir-fried squid and carrot Aizuwakamatsu sauce cutlet Plain rice Kozuyu (a lokal dish from Aizu)
22 (Mon.) Curry Kinpira Simmered Mackerel with Miso Barley rice Bamboo shoot Japanese style clear soup	23 (Tue.) Honey mustard chicken Children's bread Chili con carne Egg soup	24 (Wed.) Vegetable Namul Shrimp Shumai E: two pieces J: three pieces Plain rice Mabo tofu Yoshidanishi E.S. Yoshida E.S. Yoshida J.H.S. Fujigane milk	25 (Thu.) Japanese citrus Hamburg Steak (Brown sauce) Germ Round bread Saute Clam chowder Fuji E.S./Fujimidai J.H.S. Asumi E.S./Asumi J.H.S. Shimoyoshida Higashi E.S. Fujigane milk	26 (Fri.) Yogurt Coleslaw salad Barley rice Chicken curry Shimoyoshida Daiichi E.S./Shimoyoshida Daini E.S./Shimoyoshida J.H.S. Fujigane milk
29 (Mon.) Showa Day	30 (Tue.) Blancmange Meuniere salmon Cheese bread Sauted penne Chicken and vegetables soup	School lunch begins! Those on lunch duty should prepare themselves properly! Put hair in hat Wash your hands thoroughly with soap Cover the mask up to your nose Keep your white coat clean Cut nails short		