



Lunch Menu November



1 (Fri.)				
<div>Carrot shirishiri</div> <div>Pork in apple sauce</div> <div>Plain rice</div> <div>Three types potato soup</div>				
4 (Mon.)	5 (Tue.)	6 (Wed.)	7 (Thu.)	8 (Fri.) Chew it well Menu
<div>Substitute Holiday</div>	<div>Soy milk pudding</div> <div>Shrimp cutlet</div> <div>Sesame bread</div> <div>Broccoli salad</div> <div>Sausage and vegetables soup</div>	<div>Beni-azuma salad</div> <div>Curry grilled horse mackerel</div> <div>Seaweed Rice</div> <div>Japanese radish miso soup</div>	<div>Orange</div> <div>Baked chicken mashed potatoes</div> <div>Children's bread</div> <div>Mushroom sauteed in butter</div> <div>Soup spaghetti</div>	<div>Soy bean snacks</div> <div>Kibinago Fish (small fish) crispy fry</div> <div>Simmered lotus root and chopped kelp</div> <div>1st to 3rd grade...two 4th to 6th grade...three J...four</div> <div>Rice with brown rice</div> <div>Miso soup with Pork and vegetables</div>
11 (Mon.)	12 (Tue.)	13 (Wed.) Magowayasashii	14 (Thu.)	15 (Fri.) Taste tour (Oita Prefecture)
<div>Bean sprout namul</div> <div>Gyoza E: two pieces J: three pieces</div> <div>Gomoku fried rice</div> <div>Chinese corn soup</div>	<div>Fried smelt with green nori Chikuwa</div> <div>Sweet potato simmered in honey</div> <div>Kinpira burdock</div> <div>Yoshida Udon</div>	<div>Nikujaga</div> <div>Grilled Salmon with sesame</div> <div>Barley rice</div> <div>Miso soup with soy milk</div>	<div>Mandarin orange</div> <div>Breaded fish</div> <div>Carrot roll bread</div> <div>Sauteed penne</div> <div>Chicken and vegetables soup</div>	<div>Simmered Hijiki</div> <div>Chicken tempura</div> <div>Plain rice</div> <div>Conger eel meatballs soup</div>
18 (Mon.)	19 (Tue.)	20 (Wed.)	21 (Thu.)	22 (Fri.) Japanese Food Day
<div>Japanese mustard spinach and carrot with sesame</div> <div>Simmered Mackerel with</div> <div>Plain rice</div> <div>Kenchin soup</div>	<div>Croquette</div> <div>Coleslaw salad</div> <div>Germ Round bread</div> <div>Brown stew</div>	<div>Prefectural Day</div>	<div>Senoby jelly</div> <div>Radish salad with tuna</div> <div>Boiled egg</div> <div>Miso Ramen</div>	<div>Simmered taro and squid</div> <div>Spicy fried Spanish</div> <div>Rice with red beans and chestnuts</div> <div>Nameko mushroom soup</div>
25 (Mon.)	26 (Tue.) Request Menu (Fujimida Junior high school)	27 (Wed.)	28 (Thu.)	29 (Fri.)
<div>Pear tart</div> <div>Simmered chicken and egg</div> <div>Salt-grilled Atka mackerel</div> <div>Plain rice</div> <div>Sesame soup</div>	<div>Yogurt</div> <div>Spanish omelet</div> <div>Breadstick (E)</div> <div>Kinako fried bread (J)</div> <div>Strawberry jam (E)</div> <div>Spaghetti salad</div> <div>6 kinds of vegetable soup</div>	<div>Almond tofu</div> <div>Bibimbap</div> <div>Bok choy soup</div>	<div>Strawberry jam (J)</div> <div>Meatballs E: two pieces J: three pieces</div> <div>Kinako fried bread (E) Breadstick (J)</div> <div>Cauliflower salad</div> <div>Chinese cabbage and turnip soup</div>	<div>Apple</div> <div>Sauteed Corn and spinach</div> <div>Barley rice</div> <div>Pork curry</div>