

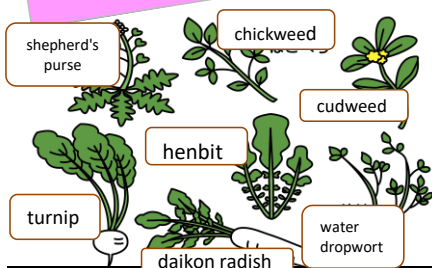


Lunch Menu January



January 24th to 30th
is National School
Lunch Week.

The seven herbs
of spring



	1 4 (Tue.) Bean and kelp snack Baked chicken mashed potatoes Vegetable curry flavored saute Milk bread Minestrone	1 5 (Wed.) Mr Watanabe yuto's Menu Sauted spinach and butter Grilled saikyo Salmon Seaweed Rice Nameko mushroom miso soup	1 6 (Thu.) Honey and margarine (J) Spanish omelet Green salad Kinako fried bread (E) Coppie bread (J) Sausage and vegetables soup	1 7 (Fri.) Acerola jelly Sauted squid and broccoli Barley rice Pork curry
2 0 (Mon.) Nikujaga Simmered Mackerel with Miso Yogurt Drink Barley rice Japan base stock soup	2 1 (Tue.) Asumi junior high school Request Crepe Meatballs E: two pieces J: three pieces Spaghetti salad Honey and margarine (E) Coppie bread (E) Kinako fried bread (J) Corn pottage	2 2 (Wed.) Chew it well Menu Yogurt Let's serve well! Lettuce and tomato salad Chunky Barley rice Pork and burdock bowl Miso soup with lots of ingredients	2 3 (Thu.) Ponkan Grilled basil chicken Sauted broccoli Children's bread Wiener and vegetables soup	2 4 (Fri.) National School Lunch Week Simmered dried strips of Asao radish Spanish mackerel grilled with green onion sauce Plain rice Miso soup with mushroom
2 7 (Mon.) Yoshida junior high school Request Rice tart Seaweed salad Fried chicken Seaweed Rice Miso soup with Pork and vegetables	2 8 (Tue.) National School Lunch Week Stir-fried Chinese vegetables Shrimp Shumai E: two pieces J: three pieces Fried rice with greens and baby sardines Chinese corn soup	2 9 (Wed.) National School Lunch Week Gomoku Kinpira Grilled salmon with yuzu miso Otsuka carrot rice Yuba japan base stock soup	3 0 (Thu.) National School Lunch Week Shingen chicken in onion sauce Yogurt with fruit Butter roll German potato Consomme soup	3 1 (Fri.) Senoby jelly Fried gyoza E: two pieces J: three pieces Vegetable Namul Miso Ramen